

# Presentation

## AltraUmbria

offers several unique activities and itineraries that work to create a lasting connection between the tourist and the environment in which they choose to travel.

Our aim is to find activities and to create itineraries for vacations during both the high and low seasons. We focus on outdoor activities, such as horseback riding, excursions, hiking, and kayaking, which we pair with food and wine tastings, cooking courses, guided tours, seminars, and various cultural events.

Our customers will enjoy the relaxation and well-being associated with the outdoors and enjoying the food, history, and local culture. All of this is experienced through unique alternatives to travel which are designed for our customers by our competent and passionate staff.

## MINITOUR:

escorted tours to admire the most important Umbrian towns, hamlets, old villages. You can also taste typical food, visit workshops, crafts like pottery, handwoven cloths, wood ...

## COOKING

**WORKSHOPS:** hands-on cooking lessons about umbrian cooking roots, seasonal recipes, following the rhythm of our own garden and what the local market offers. The meal are cooked and eaten around a friendly and joyful table.

**NATURAL EXCURSIONS:** Mini guided hikes in the woods to discover Umbria's thriving, fascinating nature, guided visits to botanical gardens, horseback riding. You can harvest seasonal fruits and vegetables and have lunch outside with these Umbria foods.

## ITALIAN

**LANGUAGE AND CULTURE WORKSHOPS:** with mother tongue teachers, to practise Italian and know Italian culture.

## TASTING

**TOURS:** guided visits to production businesses and the discovery of oil, truffles, wine, cheese and pork. Food tastings that follow the season.

## EDUCATIONAL

**EVENTS:** workshops, seminars and business courses are aimed towards teaching the many requirements needed to discover customs, traditions and local art.

## TOUR

**ORGANIZER:** Service on request, a professional will lead you to visit an art city in Umbria and Tuscany. Half or full day.

## EVENTS

ORGANIZATION: We can organize meetings, presentations and parties with buffet and restaurant services.

The services mentioned above can be combined as you prefer. Accompanied bus service included.

## Altra

Umbria selects for you special accommodations in Agriturismo, Villas, Country Houses where you can relax and enjoy Umbria all year long.

## Contacts:

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